

# Educational Mix Handout



Creating a mixture of educational touchpoints can increase retention rates, provide timely learning, and remind participants of important points that can help them in their daily lives. In well-planned programs, all educational components work together toward a common goal.

Best results are typically achieved with a multimethod approach – combining all three categories: personal education, technology-based education, and support education options.

## Example Education Mix Plan

Educational Assets	Time Allocated Per Education Medium	Notes
<b>Personal Delivery Options</b>		
In-person Group Training	8 hours	4 events lasting 2 hours each.
Webinar Group Training	2 hours	1 event given 1 months after last class.
Personal Coaching	Varies	Provided to those who request.
<b>Technology-based Education Options</b>		
Online Learning Research Projects	4+ hours	4 hours homework. Another 50 hours training provided optional.
Mobile Application Learning	Varies	All students provided access.
Project-based Learning	2 hours	Research conducted online in class.
<b>Support Education Options</b>		
Ongoing Education & Timely Reminders	Monthly	Emailed monthly with reminders. Links to online education platform.
Self-study Syllabus with Options	Optional	Provide list of blogs, videos, & reading.
Accountability & Coaching Programs	Optional	In last class, provide option to sign up to work with others in class.

## Create Your Own Educational Mix

Educational Assets	Time Allocated Per Education Medium	Notes
<b>Personal Delivery Options</b>		
In-person Group Training		
Webinar Group Training		
Personal Coaching		

Educational Assets	Time Allocated Per Education Medium	Notes
<b>Technology-based Education Options</b>		
Online Learning Research Projects		
Mobile Application Learning		
Project-based Learning		

Educational Assets	Time Allocated Per Education Medium	Notes
<b>Support Education Options</b>		
Ongoing Education & Timely Reminders		
Self-study Syllabus with Options		
Accountability & Coaching Programs		